## Ann Connaghan

## 2023 Montgomery County Recovery and Resiliency Award Recipient

Ann is a Blended Case Manager at Merakey. She primarily supports children and transition-aged youth, and has been in the position for many years. Ann is a remarkable and dedicated support for many children and families in Montgomery County, and has a special talent for working with families who are facing complex challenges navigating the child-serving systems. Folks who work alongside Ann over the years have always been impressed with her strengths-based and collaborative approach. She supports families and youth to become their own best self-advocates, and ensures that their preferences and goals are clearly heard during meetings. Ann goes above and beyond for many families, including supporting them with things well outside of her expected scope of work, such as spending multiple hours teaching one mother how to navigate her cell phone and computer so that she could help support her child's remote learning during the pandemic. Ann often works with incredibly challenging situations, and always treats everyone involved with dignity, respect, and kindness. She collaborates magnificently with community partners, and is always looking for opportunities to connect others to resources and support. Thank you Ann and congratulations on your award!





