

Troy Foster

2023 Montgomery County Recovery and Resiliency Award Recipient

Troy works for Access Services in the Montgomery County Mobile Crisis Program. Troy has supported many individuals while being a Crisis Worker. In the past, Troy supported an individual who reported Troy was so calm, patient, kind, non-judgmental, and easy to talk with. At that moment, this individual felt so low and as if they did not have anybody in their corner or anyone to talk to. However, Troy was such a fantastic support and connected them to resources and followed up and texted them after they met to provide additional resources and to see how they were doing.

This individual expressed that they finally felt heard because Troy took the time to sit with them, actively listen, and validate their thoughts and feelings. This is one example of Troy's amazing work. We thank Troy for all his work he does as a Crisis Worker, supporting folks in their darkest and hardest moments. Thank you, Troy!



Montgomery County
Department of
Health and Human Services

