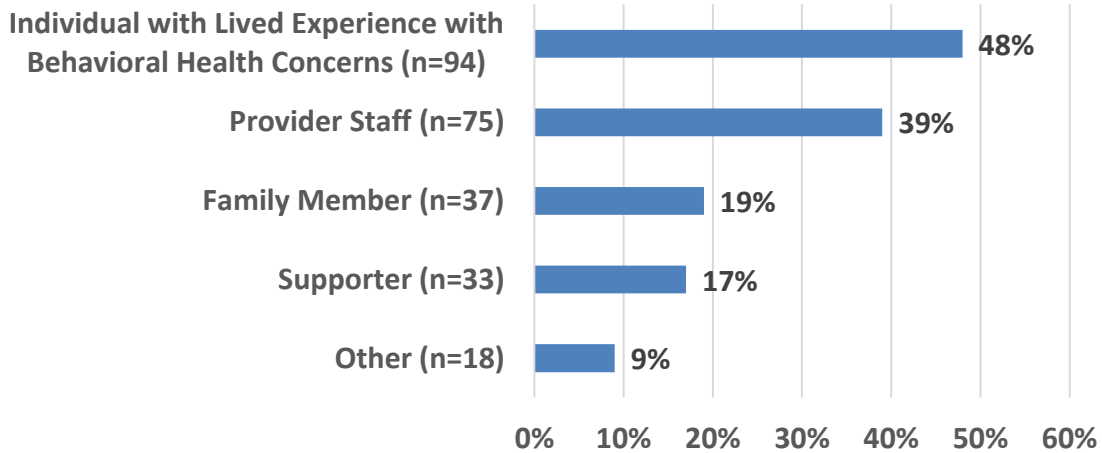


During the first quarter of 2022 two hundred and thirty (230) people, including those who use mental health services, providers, family members, supporters, and county staff, responded to Montgomery County CSP's 2022 Needs Assessment Survey. Thirty one (31) participated in focus groups held during the January 2022 CSP meeting, and 199 responded to the survey. The results of the survey will be used the Montgomery County Office of Mental Health to update their annual plan.

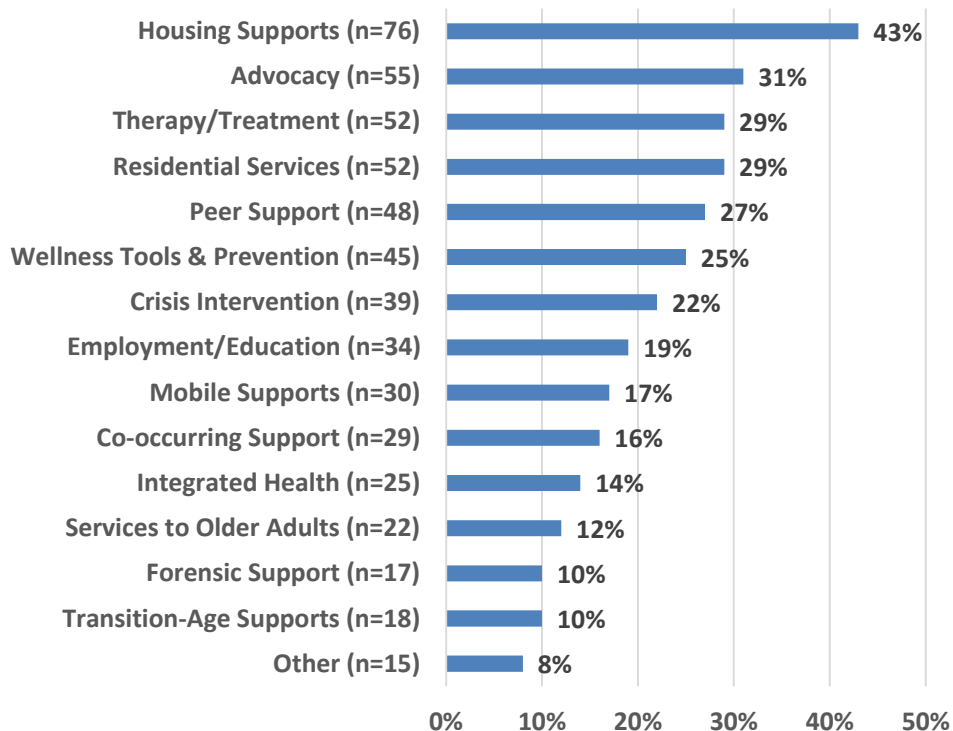
Those responding to the survey identified as belonging to one or more stakeholder groups:

Survey respondents identified themselves as:



Survey respondents identified up to five (5) top priorities which stakeholders would like the County to prioritize for future development:

Supports



The following supports were identified as the top five overall for all stakeholders:

#1: Housing Supports were identified as a top 5 support by 43% of respondents.

This includes rental assistance, contingency funds (one-time assistance to help housing start-up and/or eviction prevention) and capital development (utilizing funds to help the development of affordable housing).

- Only 35% said these supports were available in their community
- Half (51%) felt the supports which were available were helpful
- Most felt these supports were hard to get (74% said yes, 13% said somewhat)
- Almost everyone felt more supports were needed (94% yes, 1% somewhat)
- The majority (62%) wanted both in person and telehealth options.

#2: Advocacy Supports were identified as a top 5 support by 31% of respondents.

This includes but is not limited to peer, family, and provider organizations that offer education and training on mental health self-advocacy and legislative advocacy. Examples: AdvocacyWorx, NAMI, PMHCA.

- The majority (64%) said these supports were available in their community
- Almost everyone felt the supports which were available were helpful (81% said yes, 15% said somewhat)
- Two-thirds felt these supports were hard to get (38%) or somewhat hard to get (29%)
- Almost everyone felt more supports were needed (88% yes, 6% somewhat)
- Two-thirds (69%) wanted both in person and telehealth options.

#3 (tie): Residential Services were identified as a top 5 support by 29% of respondents.

These are services within the mental health system that support an individual's living situation, examples include supported living services, transitional residential rehabilitation (TRR, formerly CRR).

- Almost three-quarters (71%) said these supports were available in their community
- Most felt the supports which were available were helpful (70% said yes, 17% said somewhat)
- Most felt these supports were hard to get (64%) or somewhat hard to get (21%)
- Most felt more supports were needed (85% yes, 2% somewhat)
- Slightly more than half (54%) wanted in person services, and the rest (46%) wanted both in person and telehealth options.

#3 (tie): Therapy and/or Treatment were identified as a top 5 support by 29% of respondents.

These are outpatient services that consist of evaluation, diagnosis, and clinical treatment provided by mental health professionals, generally within a clinic setting, and also include trauma-informed services (individual, group, and family therapy), as well as visits with a psychiatrist for medication monitoring.

- Fewer than half (45%) said these supports were available in their community
- Two-thirds (66%) felt the supports which were available were helpful
- Most felt these supports were hard to get (65% said yes, 16% said somewhat)
- Almost everyone felt more supports were needed (84% yes, 10% somewhat)
- Most (59%) wanted both in person and telehealth options.

#5: Peer Support was identified as a top 5 support by 27% of respondents.

This is support given by a person with lived experience founded on key principles of respect, shared responsibility, and mutual agreement of what is helpful. Examples include Certified Peer Specialists and Peer Mentoring.

- Almost three-quarters (73%) said these supports were available in their community
- Most felt the supports which were available were helpful (72% said yes, 17% said somewhat)
- Two-thirds felt these supports were hard to get (36%) or somewhat hard to get (32%)
- Everyone felt more supports were needed (94% yes, 6% somewhat)
- Most (70%) wanted both in person and telehealth options.

Respondents who identified as *individual with lived experience with behavioral health concerns* ranked 4 of these 5 as top priorities, but included Wellness Tools & Prevention in the top five, replacing Residential Services.

Top Five Supports	5. Is this support available in your community?			6. Do you believe the support that is available is helpful?			7. Do you feel the support is hard to get?			8. Do you think more supports are needed?			9. Mode of Service		
	n=29			n=28			n=29			n=28			n=29		
Housing Supports 37% (n=31)	Yes	10	34%	Yes	16	57%	Yes	18	62%	Yes	24	86%	In-person	10	34%
	Somewhat	14	48%	Somewhat	8	29%	Somewhat	6	21%	Somewhat	1	4%	Telehealth	0	0%
	No	5	17%	No	4	14%	No	5	17%	No	3	11%	Both	19	66%
	n=28			n=28			n=28			n=28			n=29		
Advocacy 36% (n=30)	Yes	16	57%	Yes	24	86%	Yes	12	43%	Yes	24	86%	In-person	6	21%
	Somewhat	11	39%	Somewhat	3	11%	Somewhat	7	25%	Somewhat	1	4%	Telehealth	1	3%
	No	1	4%	No	1	4%	No	9	32%	No	3	11%	Both	22	76%
	n=24			n=24			n=24			n=22			n=23		
Therapy/Treatment 30% (n=25)	Yes	16	67%	Yes	17	71%	Yes	11	46%	Yes	16	73%	In-person	4	17%
	Somewhat	6	25%	Somewhat	6	25%	Somewhat	2	8%	Somewhat	1	5%	Telehealth	4	17%
	No	2	8%	No	1	4%	No	11	46%	No	5	23%	Both	15	65%
	n=20			n=20			n=20			n=20			n=20		
Wellness Tools & Prevention 29% (n=24)	Yes	13	65%	Yes	16	80%	Yes	6	30%	Yes	14	70%	In-person	4	20%
	Somewhat	6	30%	Somewhat	3	15%	Somewhat	7	35%	Somewhat	1	5%	Telehealth	1	5%
	No	1	5%	No	1	5%	No	7	35%	No	5	25%	Both	15	75%
	n=23			n=23			n=23			n=23			n=23		
Peer Support 28% (n=23)	Yes	18	78%	Yes	17	74%	Yes	11	48%	Yes	21	91%	In-person	7	30%
	Somewhat	4	17%	Somewhat	3	13%	Somewhat	5	22%	Somewhat	2	9%	Telehealth	0	0%
	No	1	4%	No	3	13%	No	7	30%	No	0	0%	Both	16	70%

Respondents who identified as *family members* ranked 4 of these 5 as top priorities, with Mobile Supports, Residential Services, and Wellness Tools & Prevention tied for #5. Their top 4 were:

Top Four Supports	5. Is this support available in your community?			6. Do you believe the support that is available is helpful?			7. Do you feel the support is hard to get?			8. Do you think more supports are needed?			9. Mode of Service		
	n=10			n=10			n=10			n=10			n=10		
Housing Supports 39% (n=12)	Yes	1	10%	Yes	3	30%	Yes	10	100%	Yes	10	100%	In-person	5	50%
	Somewhat	5	50%	Somewhat	4	40%	Somewhat	0	0%	Somewhat	0	0%	Telehealth	0	0%
	No	4	40%	No	3	30%	No	0	0%	No	0	0%	Both	5	50%
	n=12			n=12			n=11			n=12			n=12		
Therapy/Treatment 39% (n=12)	Yes	6	50%	Yes	7	58%	Yes	7	64%	Yes	10	83%	In-person	5	42%
	Somewhat	5	42%	Somewhat	3	25%	Somewhat	3	27%	Somewhat	2	17%	Telehealth	1	8%
	No	1	8%	No	1	17%	No	1	9%	No	0	0%	Both	6	50%
	n=10			n=11			n=11			n=11			n=11		
Advocacy 35% (n=11)	Yes	6	60%	Yes	9	82%	Yes	4	36%	Yes	11	100%	In-person	1	9%
	Somewhat	4	40%	Somewhat	1	9%	Somewhat	6	55%	Somewhat	0	0%	Telehealth	2	18%
	No	0	0%	No	1	9%	No	1	9%	No	0	0%	Both	8	73%
	n=10			n=10			n=10			n=10			n=10		
Peer Support 32% (n=10)	Yes	6	60%	Yes	7	70%	Yes	3	30%	Yes	9	90%	In-person	1	10%
	Somewhat	4	40%	Somewhat	2	20%	Somewhat	5	50%	Somewhat	1	10%	Telehealth	1	10%
	No	0	0%	No	1	10%	No	2	20%	No	0	0%	Both	8	80%

Respondents who identified as *providers* included the 5 as top priorities as all stakeholders, with a difference in ranking:

Top Five Supports	5. Is this support available in your community?			6. Do you believe the support that is available is helpful?			7. Do you feel the support is hard to get?			8. Do you think more supports are needed?			9. Mode of Service		
	n=34			n=34			n=33			n=34			n=34		
Housing Supports 57% (n=38)	Yes	6	18%	Yes	16	47%	Yes	29	88%	Yes	34	100%	In-person	11	32%
	Somewhat	25	74%	Somewhat	13	38%	Somewhat	3	9%	Somewhat	0	0%	Telehealth	0	0%
	No	3	9%	No	5	15%	No	1	3%	No	0	0%	Both	23	68%
n=22			n=22			n=22			n=22			n=22			
Peer Support 33% (n=22)	Yes	16	73%	Yes	16	73%	Yes	10	45%	Yes	22	100%	In-person	4	18%
	Somewhat	6	27%	Somewhat	4	18%	Somewhat	7	32%	Somewhat	0	0%	Telehealth	1	5%
	No	0	0%	No	2	9%	No	5	23%	No	0	0%	Both	17	77%
n=21			n=21			n=21			n=21			n=20			
Residential Services 31% (n=21)	Yes	15	71%	Yes	17	81%	Yes	17	81%	Yes	20	95%	In-person	13	65%
	Somewhat	5	24%	Somewhat	2	10%	Somewhat	1	5%	Somewhat	0	0%	Telehealth	0	0%
	No	1	5%	No	2	10%	No	3	14%	No	1	5%	Both	7	35%
n=17			n=18			n=18			n=18			n=18			
Advocacy 28% (n=19)	Yes	9	53%	Yes	12	67%	Yes	8	44%	Yes	17	94%	In-person	5	28%
	Somewhat	7	41%	Somewhat	4	22%	Somewhat	6	33%	Somewhat	1	6%	Telehealth	1	6%
	No	1	6%	No	2	11%	No	4	22%	No	0	0%	Both	12	67%
n=16			n=16			n=16			n=16			n=16			
Therapy/Treatment 24% (n=16)	Yes	12	75%	Yes	11	69%	Yes	13	81%	Yes	16	100%	In-person	3	19%
	Somewhat	4	25%	Somewhat	5	31%	Somewhat	3	19%	Somewhat	0	0%	Telehealth	2	13%
	No	0	0%	No	0	0%	No	0	0%	No	0	0%	Both	11	69%

Survey respondents also provided extensive comments in their responses to the survey’s open-ended questions:

- What is another support that would improve the quality of life for individuals with mental health challenges/concerns?
- Please share any additional information about your answers, or comment on Services which were not in your top 5. Feel free to add additional pages.

Additional feedback was provided by the 31 individuals who participated in the focus groups.

Montgomery County CSP members will review the survey and focus group results, and identify recommendations for priorities and improvements during their April 21st meeting. We hope everyone will attend and be part of this work.