

QUALITATIVE RESULTS	All Responses N=199 n=110	Percent Positive
<p>10. What is another support that would improve the quality of life for individuals with mental health challenges/concerns?</p> <p>A challenge is that we need more people to voice about stigma of mental health. A lot of peers are lonely and have no family or friends. There needs to be something for them that helps with their loneliness. Maybe a service like friendship and outings. A place to go for workplace burnout Access to psychiatric care Additional family services for parents/supporters who have experienced traumas of their own. Additional options for supported living arrangements for those with the lived experience of SMI. Advocacy Alternative forms of respite care, residential transition to adulthood programs for young adults An "assisted suicide" program Any community based support that can beyond the physical restraints of an outpatient clinic Art therapy At the current moment more services could be added due to the pandemic but normally ok. Behavioral health walk in "warm" centers - like those that are in the physical health side of care - like at cvs, etc where you can get supports / referral, etc. Being physically active Better family services. Clubhouse, no peer support recovery coach can give rides for food shopping and appointments Crafts n organization of mental health picnic so others can interact n do crafts n cook out Crisis resource center/stabilization unit- somewhere to go during a time of crisis Drop in centers in rural areas Easier way to navigate the mental health care system, especially for parents. Better placement options. Easy access to behavior therapists, community based space for individuals can go and meet new people Easy access to peer support and mental health services Education Extended respite services for families of lower and middle income families with our without a bh diagnosis. Many families are struggling to recover from the pandemic and they are stressed which caused a stressed home environment. Family based Foodbanks due to to the cost of living with mental illnesses For wellness, crisis intervention, and housing, peer-run respite is a missing piece in our service array. Peer-run respite can support wellness, and be an alternative in crisis situations especially for those for whom inpatient has not helped. Peer respite can also support people in maintaining their housing, by giving them a place to regroup in times of distress and potentially avoid damaging their relationships with roommates, landlords, or neighbors which sometimes lead to people losing their housing. Getting any and all resources are almost impossible especially now that we are in this pandemic and short on staff Getting help they need instead of being pushed or thrown back on the streets Going to NAMI functions (2) Group therapy 47-ss Group therapy, group in person Hard to say since every person's needs are so different in any given moment. Help with reading Hoarding support Holistic case management - like an IEP in the public school system- enveloping or navigating all the services & needs to help individuals live their best lives - meet goals, be independent and productive - integrated in their community. Housing for co-occurring Housing transitioning I am happy with my CRR I believe it should be more center geared to this community. I can't identify the exact support, but lawmakers, organizations, and individuals who impact mental health services in any way need to have more compassion and understanding. For instance, when treatment is mandated, the person receiving services should have a choice as to where to get treatment and the therapist with whom that treatment occurs. There needs to be more flexibility and understanding in the system as a whole.</p>		

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I club house here in Montco for individuals with mental illness to drop in and receive socialization, access to computers, literature, peer led groups, etc.		
I don't know any more or just right now		
I think everything listed is important. Intense outpatient services are needed.		
In home living support		
In person co-occurring support		
In person mentoring		
Increased funding for mobile services		
Local landlords willing to work with clients that are currently homeless/facing evictions		
Low income		
Make it accessible to people, make getting help a priority and make it known that getting help is ok and stop hiring dr's that shame people for getting help.		
Massage/Rolfing		
More collaborations between medical community, local community, MH, D&A, and others		
More computers		
More connection and opportunities to do things in the day.		
More financial assistance to live on my own		
More funding		
More funding for section 8		
More group therapy (2)		
More help		
More housing support		
More in person supports. Telehealth during crisis is does not benefit individuals. Focus is hard, and need of personal interactions		
More programs to help people with mental health, disabilities, and or elderly to get some type of help with in-home cleaning services.		
More residential programs would be beneficial for individuals that need additional supports.		
Music stable		
N/a, no, none (8)		
Nature, exercise and music integration		
One on one therapy with a medical therapist however many days a week needed for the person to be able to feel secure and express their thoughts and fears and learn how to live in society again.		
OT home health (assess occupational performance within the home & recommend adaptations to home or task, as well as need for skill development)		
Other then housing more training to non-psychiatric staff. They get treated like dirt.		
Outings		
Peer respite (4)		
Peer-run support groups		
Promotion by the county of existing services including community outreach		
Re-entry support - forensics		
Residential housing in a less restrictive environment than a licensed "group home".		
Resources for individuals who do not have and natural supports.		
Respite care, social places where people can get support from and engage with people who have similar experiences and learn about other skills they need in recovery like coping skills, tools (wrap), wellness, and advocacy skills.		
Scholarships are available from the YMCA or through medical insurance like health partners. However, BCT can't drop off at the YMCA and my clients don't usually have cars to get their so I'm wondering could BCT or another agency like MCT pick people up to get them to the YMCA it's better for their health and mental wellbeing.		
Septa		
Services to be delivered in the community		
Social activities for people experiencing mental health issues and need support/resources around being a part of their community.		
Social supports (trips, fun gatherings, events)		
Staffing for programs are a challenge as there are significant waitlists for services such as case management, outpatient therapy, housing, peer support.		
Support for nutrition, exercise and prevention/management of diabetes		

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<p>Supports that help more with people with mental health challenges in the workplace, no time restrictions. Until the individual is comfortable doing their job duties.</p> <p>Survival training (urban and wilderness) how to be successful being</p> <p>There is never enough housing.</p> <p>There needs to be more support when it comes to poa information and support. Also dealing with adult children with mental illness.</p> <p>They need to be able to receive treatment without long waitlists and have it be covered by insurance</p> <p>Things need to go back to in person as an option. Recovery coaches and mobile crisis workers that don't come on-site are minimally helpful.</p> <p>Transition on the job programs for adults.</p> <p>Transportation to groups and transportation and encouragement to volunteer for those unable to work</p> <p>Transportation to treatment/groups/appointments</p> <p>Understanding of what we need</p> <p>Unsure</p> <p>Volunteer organization applications</p> <p>We need more staff at residential programs</p> <p>Wellness tools/ prevention with stages of change information, dialectical behavioral therapy used with advocacy(self), forensic support, transition age support, life transition support for older adults,</p>		
n=73		
<p>11. Would you like to give any additional information about your answers, or comment on Services which were not in your top 5?</p> <p>1 on 1 reading</p> <p>Affordable housing is a great need as well as services that provide education around renting and housing for people with mental health needs to reduce evictions.</p> <p>All are needed. Coordination of supports & outreach to ensure access to needed services is an area of continual improvement.</p> <p>All these services are critical. The five I selected were the ones which believe would deliver the greatest positive impact if give more resources.</p> <p>Alot of programs I benefited from, THANK YOU!</p> <p>CPS conducting more work behind the walls of county jails and prisons</p> <p>Forensic support is not always available to people on a timely basis, and many people and their families don't even know about the services we do have. We need more access to everyone across the county. We need more 1:1 support, with the option to have in person support, and we need support for families of individuals involved with the justice system. This is needed for adolescents and their families as well.</p> <p>Group therapy available age available to 47-ss</p> <p>Healthy eating</p> <p>Hopeworx is helpful</p> <p>Housing -Increased number of shelter beds, increase funding/support regarding housing, increased number of subsidized housing complexes. Housing is a need but there isn't enough to go around.</p> <p>Housing/realty help such for sobriety for legal reasons</p> <p>I believe there should be more groups and supports for male sexual assault survivors. All the ones I have seen are female only, I have not seen a male only group. I also believe there should be male trauma groups not are not military focused. Most of them are military focused which I respect, but if a civilian goes to one its hard to talk about your day to day stuff.</p> <p>I do think all of the services are very important and hope all receive sufficient funding to help as many people as possible I have been Roling people since 1975 it makes a huge difference in a person's well being.</p> <p>I like them all!</p> <p>I think it would be great for individuals with disability and also with down syndrome so they can enjoy and get to know each other.</p> <p>I think people forget how to live not just exist. If we can include a balance of work (maintaining mental health, normalcy) and play (social activities), the struggles of trying to figure out what is normalcy will make room for each person's normalcy... Whatever that may be.</p> <p>I think that all of these items listed on the survey are important. However, the one I chose are important to me and the people I work with.</p> <p>I would like to get involved in some mutual aid groups (2)</p>		

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I'm not really sure, I don't suffer from mental health problems so I can't really comment on the subject.		
Inconsistent family based services.		
Increased funds are necessary for all mental health services.		
It is critical to develop available housing for people receiving SSI. My daughter's check is about \$850 a month and she is unable to obtain an apartment anywhere (currently lives in a room) for at least 3 years now. There is no way anyone who receives this amount of money will ever qualify for the rental cost to income ratio that landlords check. No landlord will ever rent to her anymore. I honestly don't know how you can expect someone to find a place to live anymore.		
I've been getting a lot of help so far and I hope it continues		
Job training, OVR is not helpful A great need for independent supportive housing allowing residents to work to their potential without limiting the amount they can earn. The income cap is too low. Making a decent living does not mean you don't need supports to live in supportive housing. My son was able to work overtime during the holidays but had to decline because he would make too much. He is not capable to live in housing that does not have supports.		
Just seems as though there are no community services		
Legal issues group		
Like them all		
Low income/subsidized housing options need to be increased		
More mobile supports. I think there is just mobile crisis for all of Montgomery County.		
N/A, No, None, Not at this time (26)		
No - I loved the list and found it very inclusive. Good job breaking all of that down and describing every aspect clearly!		
Outings		
Research demonstrates a person who secures permanent housing decreases a need for support services and can contribute to the community and as a taxpayer.		
Some caseworkers need to stop not including a sibling for a parent has to listen to this child say what makes them more impt than me		
The county seems to have issues with keeping people working in mobile teams as a whole do to low pay. I see RCs, case managers, and CPSs leaving or switching jobs to try and make ends meet. A lot of peers have to deal with the turnover of staff in all the agencies.		
THE MENTAL HEALTH SYSTEM IN THIS COUNTY ALONG WITH EVERYTHING ELSE IN THE COUNTU IS TREATED LIKE A JOKE		
The system needs creative solutions to the staffing crisis (shared staffing pool, funding for scholarship programs, increase pay, etc.). Also, the system needs to prepare itself for individuals with high MH needs living longer lives, I think we will see a crossover of high MH and physical health needs present themselves in a way that is unprecedented, and in general providers are not prepared (in particular inpatient settings).		
The wellness tools and prevention and providing outlets to be a part of mindfulness therapy and other innovative approaches		
There is a real need to support Young adults and their families as they transition from children's services. The waiver system is very complicated and not easy for families to navigate.		
There needs to be more support when it come to POA information and support. Also dealing with adult children with mental illness.		
They are all important. As far as services not picked at this time, pick ones that are hard to get.		
Transportation- car rides to appointments		
Transportation services		
With the price of housing so fast and the cost of living going up I also think that come homelessness and food bank should be the number one on the community priority list.		
Yes on residential housing subsidies an increase in incentives like a bigger budget for people using self-sufficiency program. Or just more incentives for people who want to get out of the system		